

REGISTRATION

Waiver: The applicant acknowledges that participation in a skating program involves certain risks and may result in an injury. Other than the disclosures in the application, the applicant declares to be in proper physical condition and good health to participate in the program. The applicant hereby waives all claims, rights or causes of action against the Nepean Skating Club, Inc., its officers, directors, employees, coaches or members, for personal injury or loss of property of any nature or kind, however or whenever sustained.
Signature: _____
Date: _____
(DD/MM/YYYY)

Has your child skated before
Yes _____ No _____

“IMPORTANT NOTICE”

Once again the Nepean Skating Club has decided to participate in an innovative fundraising activity. Each skating family will participate by purchasing one lottery calendar ticket at \$10.00 each. This year the month we will be using is January. Each calendar ticket will have a specific lottery number. Each day of the month, one number will be drawn in the NSC office. The holder of that calendar number will win the prize for the day. There will be a draw every day during the month with \$50. prizes for every Monday thru Saturday. Sunday winners will win \$200. and the person who holds the calendar number drawn on the last day of the month will also win \$200. All prize winner's names will be posted and prizes will be mailed to the winners.
Extra calendar tickets are available for purchase by contacting the NSC office.

To register for a class please return the completed application and a cheque payable to Nepean Skating Club for the appropriate fee.

Mail registration form & cheque to:

**Nepean Skating Club
Box 11006 Station H
Nepean, ON K2H 7T8**

or deliver to
**Nepean Skating Club Office
1701 Woodroffe Ave**

If you have any questions, please call us at (613) 226-6020.

Send us email at:

office@nepeanskatingclub.com

Visit our web site at:

www.nepeanskatingclub.com

Refunds: No refunds may be granted except for medical reasons or with 14 days written notice after the first day of skating, refunds are minus a 10% service charge and membership fee.

Rescheduling: If for reasons beyond the control of the NSC, a class is cancelled, we will try to reschedule; however, no refund will be made for cancelled classes that cannot be rescheduled.

Confirmations will be mailed/emailed.

Missed sessions cannot be made up or substituted.

ICE SKATING CLASSES

The Nepean Skating Club offers a complete recreational skating program for all ages and abilities. The skills taught are applicable to all ice skating sports. No previous skating experience is required. Our professional staff follows the guidelines of the Skate Canada CanSkate Program, which can be found at www.skatecanada.ca.

Helmets are mandatory



CANADA'S NATIONAL LEARN TO SKATE PROGRAM

Fall/Winter 2008/2009 Registration

- ✓ Ages 3 to Adult
- ✓ Offered at 2 Area Rinks
- ✓ Earn Badges and Awards
- ✓ 20 week program

Offered By:



CANSKATE

The CanSkate Program consists of seven skill levels (Stage 1 to Stage 7) in a proven learning progression. As the skaters acquire the skills for each level, they are awarded a badge and progress to the next stage. Lessons are given in a group format and led by a Skate Canada professional coach and assisted by trained Program Assistants. The coach to student ratio is approximately 1:10. Coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. This session is for skaters 4-12 years of age.

TEEN-ADULT CANSKATE/STARSKATE

This program is for skaters 12 years of age and older. The teen/adult class will be divided into two different groups. The first being a learn to skate/CanSkate program where the skater will be taught in a group format and work their way through the seven skill levels. The second group is for the more advanced skater who has already progressed through the CanSkate levels and wishes to advance their skating. This session will be taught in a group format, but the skater will have the opportunity to take private lessons. The student must consult with the coach regarding cost and payment schedule for any private lesson.

FAMILY CANSKATE

Family CanSkate sessions are a time when both the child and parent can take to the ice to learn to skate and improve their skating skills. Adults are taught in their own groups for the lesson portion of the class. Cost is per skater.

PARENT & TOT

This program is a parent and child, learn to skate program for skaters who are 3 years of age. Parents skate with their child and help them learn to walk and gain balance to progress towards the six fundamental movements on the ice. Skaters are taught through the use of games, songs and activities in a fun and stimulating environment. For insurance reasons, the parent on the ice with the skater must register with Skate Canada at a cost of \$31.00. Because of this, the same parent must accompany the child for each class.

ADVANCED CANSKATE

This program is designed for skaters who have passed Stage 3 in the CanSkate program and are looking to enhance their skating skills on a session with similar level skaters. Sessions will be taught in a group format by a Skate Canada Professional Coach, with emphasis on speed, power and proper technique. This program is designed as a bridge program which will allow skaters to be identified for either Beginner StarSkate (figure skating) or CanPower (concentration on skills needed for hockey or ringette) programs.

CLASS SCHEDULE

Walter Baker Arena-rink B

Saturdays – start October 4	
Parent & Tot/CanSkate (ages 4-6)	9:30 - 10:20am
CanSkate	10:30 - 11:20am
Sundays – start September 28	
Family CanSkate	3:30 – 4:20 pm
CanSkate	4:30 – 5:20pm
Tuesdays – start October 7	
CanSkate	4:30 – 5:20 pm
CanSkate	5:30 – 6:20pm
Thursday-start October 9	
CanSkate	5:30 - 6:20pm
CanSkate	6:30 - 7:20pm
Teen /Adult	7:30 - 8:20pm

Nepean Sportsplex-rink 3

Saturdays – start October 4	
Advanced CanSkate	2:30 – 3:20 pm
CanSkate	3:30 - 4:20pm
Sundays – start October 5	
CanSkate - rink 3	1:00 – 1:50 pm
CanSkate – rink 3	2:00 - 2:50pm

SKATER REGISTRATION – 2008/2009

Canskate/Advanced Canskate/ Teen-Adult Canskate-Starskate/ Parent & Tot

(one application per skater –except parent & tot)

Skater's Name: _____

Age: _____ Male ___ Female ___

Date of Birth: ____/____/____
day month year

(for parent & tot)

Parent's Name: _____

Parent's Birthdate ____/____/____
day month year

Indicate Class Choice(s)

Location	Day	Time
_____	_____	_____
_____	_____	_____

Parent(s) Name: _____

Address: _____

City: _____

Postal Code: _____

Phone: home) _____

work) _____

email: _____

Fees:

\$230. session fee for one 20 week class

\$ 31. Skate Canada fee (mandatory)

\$ 10. fundraiser (one per family)

Calculate Fees:

Session fee (per skater)	\$ 230.00
Membership fee(skater)	\$ 31.00
Parent fee(parent & tot class only)	\$ 31.00
Fundraiser(1 per family)	\$ 10.00
Total	\$ _____

**returned cheques will incur a
\$15.00 NSF fee.
please ensure skater's name is on the
front of the cheque**