

Waiver: The applicant acknowledges that participation in a skating program involves certain risks and may result in an injury. Other than the disclosures in the application, the applicant declares to be in proper physical condition and good health to participate in the program. The applicant hereby waives all claims, rights or causes of action against the Nepean Skating Club, Inc., its officers, directors, employees, coaches or members, for personal injury or loss of property of any nature or kind, however or whenever sustained.
Signature: _____
Date: _____
(DD/MM/YYYY)

“IMPORTANT NOTICE”

Once again the Nepean Skating Club has decided to participate in an innovative fundraising activity. Each skating family will participate by purchasing one lottery calendar ticket at \$10.00 each. This year the month we will be using is January. Each calendar ticket will have a specific lottery number. Each day of the month, one number will be drawn in the NSC office. The holder of that calendar number will win the prize for the day. There will be a draw every day during the month with \$50. prizes for every Monday thru Saturday, Sunday winners will win \$200. and the person who holds the calendar number drawn on the last day of the month will also win \$200. All prize winner's names will be posted and prizes will be mailed to the winners. Extra calendar tickets are available for purchase by contacting the NSC office.

Skaters have the opportunity to skate more than one session per week. For skater's wishing to enroll in more than one CanSkate session per week your amount owing would be the session fee for the first class plus the session fee minus 10% for any additional classes

REGISTRATION

To register for a class please return the completed application and a cheque payable to Nepean Skating Club for the appropriate fee.

Mail registration form & cheque to:

**Nepean Skating Club
Box 11006 Station H
Nepean, ON K2H 7T8**

deliver to

**Nepean Skating Club Office
1701 Woodroffe Ave**

or

come to our registration evening on

Tuesday August 17 5:30-8:00pm

or

Wednesday Sept 8 5:30-8:00pm

If you have any questions, please call us at (613) 226-6020.

Send us email at:

office@nepeanskatingclub.com

Visit our web site at:

www.nepeanskatingclub.com

Refunds: No refunds may be granted except for medical reasons or with 14 days written notice after the first day of skating, refunds are minus a 10% service charge and membership fee.

Rescheduling: If for reasons beyond the control of the NSC, a class is cancelled, we will try to reschedule; however, no refund will be made for cancelled classes that cannot be rescheduled.

Confirmations will be emailed.

ICE SKATING CLASSES

Our professional staff follows the guidelines of the Skate Canada CanSkate Program, which can be found at www.skatecanada.ca. **Helmets are mandatory**



**CANADA'S NATIONAL LEARN TO SKATE
PROGRAM**

**Fall/Winter 2010/2011
Registration**

- ✓ Ages 3 to Adult
- ✓ Offered at 2 Area Rinks
- ✓ Earn Badges and Awards
- ✓ 20 week program

Offered By:



CANSKATE

The CanSkate Program consists of seven skill levels (Stage 1 to Stage 7) in a proven learning progression. As the skaters acquire the skills for each level, they are awarded a badge and progress to the next stage. Lessons are given in a group format and led by a Skate Canada professional coach and assisted by trained Program Assistants. The coach to student ratio is approximately 1:10. Coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. This session is for skaters 4-12 years of age.

FAMILY CANSKATE

Family CanSkate sessions are a time when both the child and parent can take to the ice to learn to skate and improve their skating skills. Adults are taught in their own groups for the lesson portion of the class. Cost is per skater.

PARENT & TOT

This program is a parent and child, learn to skate program for skaters who are 3 years of age. Parents skate with their child and help them learn to walk and gain balance to progress towards the six fundamental movements on the ice. Skaters are taught through the use of games, songs and activities in a fun and stimulating environment. For insurance reasons, the parent on the ice with the skater must register with Skate Canada at a cost of \$31.00. Because of this, the same parent must accompany the child for each class.

ADVANCED CANSKATE

This program is designed for skaters who have passed Stage 3 in the CanSkate program and are looking to enhance their skating skills on a session with similar level skaters. Sessions will be taught in a group format by a Skate Canada Professional Coach, with emphasis on speed, power and proper technique. This program is designed as a bridge program which will allow skaters to be identified for either Junior StarSkate (figure skating) or CanPower (concentration on skills needed for hockey or ringette) programs. Included with this session is a 30 minute off-ice class.

CLASS SCHEDULE

Walter Baker Arena-rink B

Saturdays – start Sept 25	
Parent & Tot plus CanSkate	9:30 - 10:20am
Parent & Tot plus	
CanSkate ages 4 to 7	10:30 - 11:20am
Sundays – start Sept 19	
Family CanSkate	3:30 – 4:20 pm
CanSkate	4:30 – 5:20pm
Thursday-start Oct 7	
CanSkate	5:30 - 6:20pm
CanSkate	6:30 - 7:20pm

Nepean Sportsplex

Saturdays – start Sept 25	
CanSkate-rink 2	12:30-1:20pm
CanSkate-rink 2	1:30-2:20pm
Advanced CanSkate-rink 3	2:30 – 4:00 pm
(on ice 2:30-3:20 plus off-ice 3:30-4:00)	
Sundays – start Sept 26	
CanSkate - rink 3	1:00-1:50 pm
CanSkate – rink 3	2:00-2:50pm
Monday-start Sept 20	
CanSkate-rink 3	6:00-6:50pm

Parent volunteers are needed...please indicate your availability to help

_____yes _____no

SKATER REGISTRATION – 2010/2011

Canskate/Family Canskate/Advanced Canskate/Parent & Tot

(one application per skater –except parent & tot)

Skater's Name: _____
Age: _____ Male _____ Female _____
Date of Birth: _____/_____/_____
day month year
(for parent & tot)
Parent's Name: _____
Parent's Birthdate _____/_____/_____
day month year
Indicate Class Choice(s)
Location Day Time

Parent(s) Name: _____
Address: _____
City: _____
Postal Code: _____
Phone: home) _____
work) _____
email: _____
(mandatory)
Fees
CanSkate/Parent & Tot/Family \$ 264.00
Advanced CanSkate \$ 330.00
Addition session/wk (fee -10%) \$
Membership fee(mandatory) \$ 31.00
Parent fee(parent & tot class) \$ 31.00
Fundraiser(1 per family) \$ 10.00
Total \$
returned cheques will incur a \$25.00 NSF fee.

PARENTS MUST REMAIN IN THE ARENA DURING CHILD/CHILDREN'S LESSON

Missed sessions cannot be made up or substituted.